

Keeping Healthcare Affordable for New Yorkers

What You Need to Know About Anthem's Negotiations with Mount Sinai

We're working to maintain access to affordable healthcare in New York. Our current contract with Mount Sinai expires on December 31, 2025, and we are working to keep them in our network beyond that date.

Here's What's Happening

Anthem's contract with Mount Sinai ends on December 31, 2025. This agreement sets the rates Mount Sinai receives from Anthem. If we don't reach a new agreement, the Mount Sinai hospitals listed below will become out of network on March 1, 2026.

Mount Sinai Brooklyn
The Mount Sinai Hospital
Mount Sinai Morningside
Mount Sinai Queens
Mount Sinai South Nassau
Mount Sinai West
New York Eye and Ear Infirmary of Mount Sinai

Negotiations between health plans and health systems are a routine part of the healthcare industry. We are optimistic a new agreement with Mount Sinai will be reached before the current contract expires.

Anthem always covers any medically necessary emergency services for our members, no matter where they receive care.

This negotiation does not impact any services covered under The Empire Plan's Medical/Surgical Program, administered by UnitedHealthcare.

Why Affordability Matters

Anthem is dedicated to improving access to high-quality, affordable healthcare for all New Yorkers. Here's why:

- According to KFF surveys, about half of U.S. adults say it's difficult to afford healthcare costs and, alarmingly, one in four adults delayed needed care because of high costs. When hospitals raise prices, patients pay more—through higher copayments, deductibles, and insurance premiums.

- High costs also impact businesses and other employers; 90% of Anthem New York employers pay their employees' healthcare claims directly – that means that high healthcare costs can limit wages, hiring, investment, and growth.

That's why we negotiate on behalf of our members, New York unions, employers, and taxpayers to secure affordable care with our care provider partners.

Commitment to keeping Mount Sinai in Our Network

Anthem is working closely with Mount Sinai to reach a long-term agreement. We're committed to keeping their hospitals in our network. Unaffordable healthcare is inaccessible health care. It's critical that we work with Mount Sinai and our other care providers to achieve reasonable price increases.

Frequently Asked Questions

What should I do now?

Continue seeking care at Mount Sinai as you have in the past.

Continue to check this website for updates. We will provide more information as negotiations continue.

Will an agreement be reached to keep Mount Sinai in Anthem's network?

That's our goal — we're actively negotiating with Mount Sinai and are optimistic we'll reach a new agreement. We want to keep them in network because we know our members receiving care at Mount Sinai depend on their hospitals. However, it's essential that we work with Mount Sinai to keep care affordable for their patients covered by Anthem.

What are my options if Mount Sinai leaves Anthem's network?

In the event Mount Sinai chooses to leave our network, members will continue to have access to high-quality care from other health systems in New York, including:

- NYU Langone Health
- New York-Presbyterian
- Northwell Health
- Montefiore Health System

What if Mount Sinai leaves Anthem's network and I'm being treated there for a serious condition?

We know this is especially concerning for our members currently receiving care at Mount Sinai for a serious medical condition.

If you are receiving treatment for a serious or complex condition that will continue past December 31, 2025, you may contact The Empire Plan at 1-877-7-NYSHIP (1-877-769-7667)

and press or say 2 for the Hospital Program. You may be able to continue your care at Mount Sinai after that date if you are receiving certain types of care.

Where can I go for information and updates?

Check anthembluecross.com/nys regularly for updates.