

Treatment Plan Request Form for Autism Spectrum Disorders

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Instructions

Care providers can submit requests online using our preferred method at <https://Availity.com>. Requests must include board-certified behavior analyst (BCBA) information (or other QHCP) and the Treatment Plan Request Form for Autism Spectrum Disorders.

Print clearly. Incomplete or illegible forms may delay processing and may be returned.

Mark one: Comprehensive applied behavior analysis (ABA) request Focused ABA request

Member information

Member name:	
Date of birth:	Member ID:
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other	
Member state of residence:	

Treatment plans may be faxed to **866-582-2287**.

Services conducted in same state? <input type="checkbox"/> Yes <input type="checkbox"/> No	If no, in what state are services conducted?
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Caregiver name:	
Phone:	Email:
Diagnosis:	Diagnosed by whom:

Agency information

Agency name:	
TID No:	NPI No:
Agency phone:	Is voicemail confidential? <input type="checkbox"/> Yes <input type="checkbox"/> No
Fax for approval:	
Are you in network with your local Blue plan? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Servicing address:	
Contact person name:	
Phone:	Email:

BCBA or rendering provider information

Provider name:	
TID No:	NPI No:
Phone:	Is voicemail confidential? <input type="checkbox"/> Yes <input type="checkbox"/> No
Email:	
Address (if different from above):	

Assessment

For initial assessment requests when requesting **only 97151/97152 and 0362T or if a member has new insurance coverage**, the following must be included:

- Diagnostic evaluation/report completed by a doctorate level clinician or allowable qualified healthcare provider (QHCP) per state regulations confirming the member’s diagnosis, to include:
 - Records showing how patient meets criteria for autism spectrum disorder as per DSM-5-TR criteria.
 - Standardized diagnostic tools (for example, Autism Diagnostic Interview, Revised (ADI-R); Autism Diagnostic Observation Schedule, Second Edition (ADOS-2); Childhood Autism Rating Scale, Second Edition (CARS-2).

Treatment

Treatment plan should be dated within 30 days of start date. We recommend including the following in your request:

- Statement of any previous interventions for ASD and outcomes
- Current behavioral support plan and treatment plan including symptoms and behaviors requiring treatment
- Cumulative graphs/charts of baseline data and current progress
- Description of progress on goals since last review

- Baseline and updated assessments (for example, Vineland, VB Mapp, ABLLS-R) to show progress toward goals is occurring
- List any other services member is receiving (for example, physical therapy, occupational therapy, speech therapy, school, behavioral health) and coordination of care with other providers noted
- Description of treatment setting(s)
- Individualized schedule of treatment (hours per day/week)
- Documentation of changes in parental/caregiver/guardian situation, if applicable, since the last review plus measurable goals for parent training
- **Measurable**, client-specific plans for generalization:
 - If home and community generalization is not possible, then describe the behaviors that are preventing generalization.
- **Measurable**, client-specific, discharge/transition plan:
 - May address plan for transition from comprehensive to focused ABA treatment

Age of first ABA treatment	
Start date of current request	

Adaptive behavior treatment	Units	CPT® code	Timeframe
Behavior identification assessment (initial or reassessment) administered by a physician/QHCP. Units are in 15-minute increments.		97151	Per authorization period
Behavior identification supporting assessment administered by technician under direction of physician/QHCP, face to face with patient. Units are in 15-minute increments.		97152	Per authorization period
Behavior identification supporting assessment for severe behaviors administered by a physician/QHCP who is on-site, with the assistance of two or more technicians, for a patient who exhibits destructive behavior, completed in an environment that is customized to a patient's behavior. Units are in 15-minute increments. Clinical justification required.		0362T	Per authorization period
Adaptive behavior treatment by protocol administered by technician under the direction of physician/QHCP, receiving 2 hours of supervision for every 10 hours		97153	Per week

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of direct treatment. Units are in 15-minute increments.			
Group adaptive behavior treatment by protocol by technician under the direction of physician/QHCP, face-to-face with two or more patients. Units are in 15-minute increments.		97154	Per week
Adaptive behavior treatment with protocol modification, administered by physician/QHCP. May be used for Direction of Technician (Oversight) face-to-face with one patient. Units are in 15-minute increments.		97155	Per week
Family Adaptive Behavior Treatment Guidance — administered by physician/QHCP, with or without the patient present. Units are in 15-minute increments.		97156	Per authorization period
Multiple-Family Group Adaptive Behavior Treatment Guidance — multiple family group, administered by the physician/QHCP, Units are in 15-minute increments.		97157	Per authorization period
Group adaptive behavior treatment with protocol modification (Social Skills Group) by physician/QHCP, face-to-face with two or more patients. Units are in 15-minute increments.		97158	Per week
Adaptive behavior treatment with protocol modification implemented by physician/QHCP who is on-site with the assistance of two or more technicians for severe maladaptive behaviors. Units are in 15-minute increments. Clinical justification required.		0373T	Per week

Provider name (print) **License information**

Provider signature **Date**

My signature confirms that any paraprofessional under my supervision has the appropriate education and training.