

What services are available besides Personal Care?

In addition to services in the home such as personal care, CDPAS, and nursing care, the following services are available if medically necessary when you become a member of Anthem Blue Cross and Blue Shield HP:

Rehabilitation Therapies

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Respiratory Therapy

Medical Supplies and Equipment

- Prosthetics and Orthotics
- Personal Emergency Response System

Specialty Care

- Podiatry Care
- Dental Care
- Optometry / Eyeglasses
- Audiology / Hearing Aids

Supportive Services

- Non-Emergent Transportation
- Nutrition Counseling
- Home-Delivered Meals
- Environmental Modification
- Medical Social Services
- Adult Day Health Care
- Social Day Care

Your Solution

Your Health

Your Safety

Your Independence

Our Commitment

Brooklyn, Manhattan, Queens, Bronx, Staten Island, Westchester, Nassau & Suffolk Counties

For more information, please call and speak with one of our associates. There is NO obligation to enroll.

855-800-4683 (TTY 711)

Anthem Blue Cross and Blue Shield HP
Managed Long-Term Care (MLTC) Plan
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Lake Success, NY 11042

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 855-800-4683 (TTY 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電：855-800-4683 (TTY 711)。

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Your Choice Your Care Your Solution!

Anthem 

Who is Anthem Blue Cross and Blue Shield HP Managed Long-Term Care (MLTC)?

Anthem is a New York State-approved Managed Long-Term Care Plan designed for seniors and adults who need assistance with daily living.

The goal of managed long-term care plans is to help these individuals live safely and independently in the comfort of their own homes for as long as possible while maintaining their health and well-being. When you choose Anthem, you will have a dedicated team of nurses and social workers who will work with you to ensure that all your long-term care needs are met. Even if your needs change, your dedicated team will ensure your care and services are appropriately adjusted to provide the support you need.

Our Mission

Assist seniors and adults who require long-term care services to live safely and independently in their homes while maintaining their health and well-being.

Our Vision

Through the consistent delivery of the best care and services, we aspire to be the preferred plan of choice for individuals in need of quality long-term care.

Options for Personal Care Services



What services does Anthem offer to help me meet my needs for Personal Care?

Anthem presents you with two service options in coordinating your Personal Care. You have the option of receiving services from a vendor or agency that selects your Personal Care Assistant for you. Alternatively, you have the option of choosing your own Personal Care Assistant through Consumer Directed Personal Assistance Services (CDPAS).

What is Consumer Directed Personal Assistance Services (CDPAS)?

CDPAS is an alternative way of receiving home care services that provides you with more control over who provides your care and how it is provided. Instead of assigning a home care vendor that controls the selection, training, and scheduling of aides, CDPAS enables you, a family member a friend, or a guardian to perform these functions through a Fiscal Intermediary (FI).

Who can be hired as a CDPAS Personal Assistant?

- You can hire almost anyone, including any family members other than your spouse.
- Parents of adult children (age 21 or older).
- Family members living in the same household who are not designated representatives.



**Rated best overall
plan performance
with 5 stars**